



Tanya Bunting Coaching

Hypnotherapy and NLP

Form 1: Getting to Know You – Client notes for private session.

Please complete and return at least 48 hours before your appointment. Thank you.

Positive outcomes: What do you want? [Goals and dreams]

Evidence: How will you know you are succeeding?

Specifics: Where, when and with whom?

Resources: What resources do you have to support you to achieve this outcome? [objects, people, role models, personal qualities, skills]

Control: Can you start and maintain this outcome?

Ecology: How will this outcome benefit you, your family, friends and colleagues?
What else could happen as you achieve or get this outcome?

The Bigger Picture: What have you tried before? What helped or hindered your success?



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Form 2: Confidential Client Information

Title: Full name: Known as:	Address:		
Profession:	Telephone:	Mobile:	Email:
GP:	Surgery name and address:		
Current medication:	Medication in the last 12 months:		
Further contacts as appropriate [e.g. Consultant, Psychiatrist]	Clinic:		
Contacts agreed:	Yes	No	Not asked
GP			
Consultant/Psychiatrist			
Other			
By signing this contract, you are entering into an agreement for the services as agreed and detailed below: <ul style="list-style-type: none">• Cost – Private Individuals £125 [60min session]• I understand that a cancellation without 48 hours notice may be charged for.• The conditions of confidentiality have been explained to me.• I have read the Terms & Conditions and Privacy Statement on the TBC Website.			
Signature	Date		



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Form 3: Record of appointments for -

Date/Venue	Procedure	Action Plan	Review
Date: Venue: In attendance:	Coaching: NLP: Hypnotherapy: Induction: Deepener: Metaphors:	Home Play/Trance: Next Appointment:	
Date: Venue: In attendance:	Coaching: NLP: Hypnotherapy: Induction: Deepener: Metaphors:	Home Play/Trance: Next Appointment:	
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